

**An exploration of the lived experience of receiving an unfounded frivolous complaint in the context of psychotherapy practice.**

**ARE YOU an experienced accredited psychotherapist working from a humanistic/person centred perspective?**

**HAVE YOU been in practice post-accreditation for at least 2 years?**

**HAVE YOU been the recipient of an unfounded frivolous complaint?**

**IF SO, would you like to share your experiences of the event?**

I am a Psychologist, Psychotherapist and Clinical Supervisor in practice for more than 12 years. I will be interviewing person centred psychotherapists online to explore their experiences of being the recipient of an unfounded frivolous complaint within the last **7 years**. Your details and any information gathered will be anonymised. The information you provide about your subjective experiences will be used to add to the knowledge base of this particularly important aspect of clinical practice.

If you meet the above criteria and would like to take part in this study, please do get in touch with me [sgrainger2@uclan.ac.uk](mailto:sgrainger2@uclan.ac.uk) and I will send you an invitation to participate in addition to all the information you will need to help in informing your decision to partake in this study.

I look forward to working with you.

**Sharron Grainger**  
**Psychologist/Psychotherapist/Clinical Supervisor**  
**Professional Doctorate Researcher at UCLan**

**This research has been approved by the Health Ethics Review Panel at UCLan**