



Universities Psychotherapy and Counselling Association

Chair: Professor Del Loewenthal

Vice Chair: Dr Julia Cayne

Application: UPCA Register of Supervisors - Grandparenting Route

Section One: Your Contact Details	
Name:	
Address:	
Email address:	Telephone:
UPCA Membership No: (It is condition of registering as a supervisor that you have up to date clinical membership (accredited) of UPCA, including renewal/re-accreditation requirements and all fees paid. Similarly to be put forward to the UKCP directory of supervisors your membership of UKCP needs to be up to date.)	
Section Two – training and areas of experience	
Please state the title of your UPCA approved psychotherapeutic training:	Please state the name of the institution where this training was undertaken:
Please indicate in which areas of psychotherapy/psychotherapeutic counselling you have completed a relevant UPCA approved training and for which you provide supervision:	
Psychotherapy <input type="checkbox"/>	Psychotherapeutic Counselling <input type="checkbox"/>
Adults (over 16 years) <input type="checkbox"/>	Children (only available to members on the UKCP Child Psychotherapy Register) <input type="checkbox"/>
Individual supervision <input type="checkbox"/>	Group supervision <input type="checkbox"/>
Modalities: (only those modalities that relate to the modalities approved through your training):	
CBT <input type="checkbox"/>	Existential <input type="checkbox"/>
Person centred <input type="checkbox"/>	Psychodynamic <input type="checkbox"/>
Psychoanalytic <input type="checkbox"/>	Integrative <input type="checkbox"/>
Other (please specify).....	
Section Three: Support for your Supervisory work (Please provide details of current arrangements and frequency. This may be peer supervision, and/or formally arranged supervision of supervision, for example)	

Section Four: Continued Professional Development (CPD)

Please provide brief details of CPD activity to support counselling/psychotherapy and/or supervisory work within the previous twelve months.

Date	Brief details of CPD

Section Five - Declaration

I recognise that in applying for this registration I agree to abide by the UPCA/UKCP standards of supervision for psychotherapists, psychotherapeutic counsellors and trainee practitioners working with adults and/or children.

I also confirm that:

- a) I have a minimum of 5 years experience as a psychotherapeutic practitioner post-registration or UKCP recognised professional equivalent and,
- b) I have at least 3 years experience of post-registration work as a supervisor or 50 hours of formal supervision given.

Signed:

Date:

Section Six: Referee Details (applying via the grand-parenting route.)

You must supply references from two Accredited Psychotherapists/Psychotherapeutic Counsellors Registered with UPCA and/or UKCP (reference forms provided should be completed by your referee and emailed directly to UPCA – electronic signature is acceptable) of good standing (eg: supervisor, peer supervisor, colleague). The referees will need to be able to attest: a) that you have a minimum of 5 years experience as a psychotherapeutic practitioner post-registration or UKCP recognised professional equivalent and, b) to your having at least 3 years experience of post-registration work as a supervisor or 50 hours of formal supervision given.

1st Referee name:

Address:

Email address:

Tel:

UPCA and/or UKCP Membership Number:

2nd Referee name:

Address:

Email address:

Tel:

UPCA and/or UKCP Membership Number:

Section Seven – Payment

There is no charge for initial registration through the grandparenting route, but this will be reviewed on an annual basis. The annual supervisor renewal is in line with normal UPCA renewal procedures (no additional fee *reviewed annually*).

Please return this form to:

UPCA Administration PO Box 3076 Reading RG1 9YF or email: admin@upca.org.uk