



## **Universities Psychotherapy and Counselling Association**

Chair: Professor Del Loewenthal

Hon. Treasurer: Dr Val Todd

### **UPCA Membership Benefits**

Membership with UPCA provides the opportunity to join the only independent, national register for psychotherapists and/or psychotherapeutic counsellors, who have trained within universities.

The quality of these trainings is linked with research and developments in the field and meets the highest of academic as well as professional and ethical standards.

Membership offers referral opportunities and a range of other services and practical benefits:

- Different categories of membership relevant to your circumstances:
  - Fully accredited clinical member (MUPCA [Accredited])
  - Full clinical member (MUPCA)
  - Student member
  - Research member
  - Associate member
- Clinical membership leads to inclusion on the UPCA independent, national register, as a psychotherapist and/or psychotherapeutic counsellor
- Use of the designation MUPCA (Accredited) or MUPCA respectively, and advertise using these titles.
- Accredited clinical membership of UPCA also provides a route to:
  - The UKCP National Register of Psychotherapists
  - The UKCP National Register of Psychotherapeutic Counsellors
- The opportunity to be accredited as a supervisor and included on the UPCA register of supervisors, for accredited clinical members.
- Accreditation as a supervisor with UPCA also provides a route to registration as a

supervisor with UKCP.

- Clear mechanisms for meeting the 5 yearly re accreditation requirements (of both UPCA and UKCP); members incur no additional charges for reaccreditation.
- Support with UKCP random audit procedures.
- A professional membership certificate.
- Access to an on line newsletter.
- Reduced fees for UPCA conferences and events.
- The opportunity to join local, regional and on-line university networks and special interest groups.
- Attendance at some specified university seminars – as advertised on the website.
- Reduced fee subscription to the European Journal of Psychotherapy and Counselling.
- Access to up to date information on issues such as regulation, events and other news through the website.