Universities Psychotherapy and Counselling Association Conference 2016
in association with the Research Centre for Therapeutic Education (RCTE)

Working with Sex, Violence, and Sex and Violence: Real or Imagined

Call for papers and conference details

Saturday 19th November 2016
10.00am to 4.30pm
Followed by the AGM
Registration 9.30am

Whitelands College
University of Roehampton
Holybourne Avenue
London
SW15 4JD

Speakers include:
Adam Jukes, Del Loewenthal, Jay Watts, Jessica Yakeley

Book Now on Eventbrite: https://www.eventbrite.com/preview?eid=26639178500
or payments can be made by:
Bank Transfer to: UPCA Account Number 40241253 Sort Code 20-35-27
Cheque: made payable to UPCA and sent to PO Box 3076 Reading RG1 9YF
PayPal: info@upca.org.uk

UPCA members £75.00; non-UPCA participants £90.00;
UPCA student members £45.00; non-UPCA student participants £55.00
(Bookings received before October 14th receive a £5 discount)

For further information contact:
info@upca.org.uk
Tel: 07806 804508
Annual Conference
19th November 2016
Call for papers and conference details

Working with Sex, Violence and Sex and Violence: Real or Imagined

Therapy used to be the place, outside the confessional, where one could talk about sex, dreams, violence and disturbing fantasies. But can we still appropriately respond to, for example, the man who when dropping his daughter off at university fancies her friend and worries he is a paedophile, or the female patient who can’t give up the narcissist because the sex is better, or the client who fantasies about bottling his opponents, or the ‘abused’ wife who feels helplessly trapped by her minority culture’s traditions, or the young person who is not sure whether to join a gang, etc.? In exploring how to work with sex, violence, and sex and violence, real or imagined, this conference explores some personal, cultural and economic factors that influence our abilities as psychological therapists.

There is a danger that government policies for psychotherapy, such as ‘Safeguarding’ and ‘Prevent’, remove issues of sex and violence from the consulting room with the danger that they are acted out rather than worked through. Furthermore, the increasing use of manualised, often in the name of ‘evidence-based’, trainings, together with therapeutic approaches that attempt to structure out both the client and the therapist having to stay with such issues as sex and violence, may be helpful. However, it is assumed that there is also a need for at least some psychotherapists and counsellors who can enable their clients to work through such experiences, real or imagined. With this in mind, this conference explores four major themes:

- In a neo-liberal world where policies such as austerity, alongside ‘Safeguarding’ and ‘Prevent’ may increase both the ethos, and acts, of violence and where the perpetration, victimhood and consumption of violence is often in normalized forms, what can psychotherapists and counsellors do?
- What are our values as psychological therapists to clients from different cultural, including religious, traditions regarding sex and violence?
- How can we better interrogate our moral blindness to the emotional violence that is caused by economic conditions, and in what ways may the psychological therapies help or hinder this sensitivity?
- As psychological therapists, can we hear issues of sex and violence in our clients, if we haven’t explored these in ourselves?

The UPCA conference committee would particularly welcome papers that would make a contribution to this debate together with those which raise more general questions about our practices, theories and research. There will be 15 minutes for presentation and 5 minutes for questions.

Please send the proposed title of your paper together with an abstract (maximum 200 words) and a brief CV (maximum 100 words) to: info@upca.org.uk. The deadline is 12pm on 5th October 2016. Papers will be considered for inclusion as they are submitted, with final notification being made on 12th October 2016. The paper will then be included in our programme and on our website on payment of the conference fee, as above.

Prof Del Loewenthal
UPCA and Conference Chair
9.30am - 10.00am  Registration

10.00am - 10.20am  Welcome and introduction to the conference
                    Del Loewenthal - Conference Chair

10.20am - 11.00am  Sex, Danger and the Surveilled Subject
                    Jay Watts

11.00am - 11.30am  Coffee

11.30am - 12.10pm  Do we want to be badly treated by our primary attachment figure?
                    Adam Jukes

12.10pm – 12.50pm  Parallel sessions

12.50pm – 1.50pm   Lunch

1.50pm – 2.50pm    Parallel sessions

2.50pm – 3.30pm    When sexual fantasy becomes violent reality: working
                    psychotherapeutically with sex and violence
                    Jessica Yakeley

3.30pm – 4.00pm    Tea

4.00pm – 4.30pm    Plenary panel discussion: How do we train psychotherapists and
                    counsellors to work with sex, violence, sex and violence?
                    Adam Jukes, Del Loewenthal (Chair), Jay Watts, Jessica Yakeley

4.30pm – 5.30pm    UPCA AGM