



Training Standards Committee Terms of Reference

UPCA is committed to promoting high standards of education, training and practice in psychotherapy and psychotherapeutic counselling and values the well-developed framework for training that universities can provide. It is recognised that within university based trainings there is a commitment to high standards in education and training provision, including continuing professional development and supervision. The Training Standards committee assists universities in the accreditation of new programmes and conducts affiliation and re-accreditation visits.

The objectives of the Training Standards Committee are to:

- Develop and maintain Standards of Education and Training (SETs) for University based education and training.
- Oversee processes for University affiliation to UPCA, including affiliation visits
- Oversee processes of course and programme accreditation, re-accreditation and periodic review
- Assist academics in planning new courses, and give universities assistance in the validation and accreditation of new courses
- Assist Universities in the validation and audit of existing courses
- Promote of a culture that fosters and values high standards of education, training and practice
- Develop an academic and research base for psychotherapy and psychotherapeutic counselling
- Ensure that training programmes recognise the existence of different psychotherapies, based on different theories, and that they should promote respectful understanding of such differences and similarities between theories

- Ensure that training programmes are theoretically formed and practice based
- Ensure that training are related to clinical work in occupational settings
- Ensure that training programmes provide transparency and accountability in their assessment processes
- Ensure that training programmes operate within an ethical, equal opportunities and diversity framework