Universities Psychotherapy and Counselling Association and Universities Training College Joint Conference 2013

In association with
The Research Centre for Therapeutic Education
University of Roehampton
and UK Council for Psychotherapy

Critical Psychotherapy and Counselling - if not now, when?

Saturday, 2nd November 2013
10.00am to 5.00pm
Followed by the AGM
Registration 9.30am

University of Roehampton
Whitelands College
Holybourne Avenue
LONDON
SW15 4JD

30+ research paper presentations

Speakers include:
James Davies, Del Loewenthal, Hugh Middleton, Ian Parker, Rosie Rizq and Andrew Samuels

UPCA members £75.00; non-UPCA participants £90.00;
UPCA student members £45.00; non-UPCA student participants £55.00
(Bookings received before October 11th get a £5 discount)

Book via PayPal @ WWW.UPCA.ORG.UK
Or complete a booking form and return to
UPCA PO Box 3076 Reading RG1 9YF  Tel: 07806 804508 Email: admin@upca.org.uk

Attendance counts as 6hrs C.P.D. requirement met
Critical psychotherapy and counselling
- if not now, when?

We already have ‘critical psychiatry’ and ‘critical psychology’, is there now a need for ‘critical psychotherapy and counselling’? Some might argue that ‘critical psychiatry and psychology’ have come about because psychiatry and psychology are primarily agents of the state and therefore their courses need add-on ‘critical’ modules in order to give a semblance of thoughtfulness. Should the same be true for psychotherapy and counselling given that they are increasingly being subject to government regulation? Furthermore, is any critical thinking in psychotherapy and counselling made more difficult by the history of the ‘trainings’ and to what extent are those programmes associated with universities even more stymied by government influence combined with an audit culture? This conference will examine this question of ‘Critical psychotherapy and counselling- if not now, when?’ with the help of key speakers: James Davies, Hugh Middleton, Ian Parker, Rosie Rizq and Andrew Samuels. In addition, the UPCA conference committee have invited over thirty authors to present papers that would make a contribution to this debate, including those which raise critical questions about our practices, theories and research. There will be 15 minute presentations and 5 minutes for questions.

We will also be holding a pre-conference workshop with Chris Oakley, ‘What questions might we put to Deleuze and Guattari?’ on 17th October 2013. We will then be holding the first of several post-conference workshops with Onel Brooks; he will be talking about ‘Critical psychotherapy and post-psychiatry’ on 7th November 2013. They will be held at Whitelands College, University of Roehampton, in room G001 from 6pm (for a 6.30pm start) until 8pm. These workshops are free of charge and are open to all psychological therapists.

Prof Del Loewenthal
UPCA and Conference Chair
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<td>9.30am - 10.00am</td>
<td>Registration and Refreshments</td>
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<tr>
<td>10.00am - 10.15am</td>
<td><strong>Introduction to conference:</strong> Del Loewenthal - Conference and UPCA Chair</td>
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<td>10.15am - 10.45am</td>
<td><strong>Hugh Middleton:</strong> The UK Critical Psychiatry Network: Who are we and where are we coming from? &lt;br&gt; <strong>Pam Howard (Chair)</strong></td>
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<td>10.45am - 11.15am</td>
<td><strong>Ian Parker:</strong> Toward critical psychotherapy and counselling: what can we learn from critical psychology (and political economy)? &lt;br&gt; <strong>Pam Howard (Chair)</strong></td>
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<td>11.15am - 11.40am</td>
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<td>3.00pm - 4.00pm</td>
<td>On critical psychotherapy and counselling:  &lt;br&gt; <strong>Rosie Rizq:</strong> Counselling, care and compliance in the NHS.  &lt;br&gt; <strong>James Davies:</strong> Psychiatric labels – should therapists make use of them?  &lt;br&gt; <strong>Andrew Samuels:</strong> Everything you always wanted to know about therapy (but were afraid to ask).  &lt;br&gt; <strong>Alistair Ross (Chair)</strong></td>
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<td>4.00pm - 4.30pm</td>
<td>Tea</td>
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<td>4.30pm - 5.00pm</td>
<td>Plenary panel discussion: Where now?  &lt;br&gt; <strong>James Davies, Del Loewenthal (Chair), Hugh Middleton, Ian Parker, Rosie Rizq, Andrew Samuels.</strong></td>
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<td>5.00pm - 6.00pm</td>
<td>UPCA AGM</td>
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<td>17th October 6.00pm</td>
<td><strong>Pre-conference workshop:</strong> Chris Oakley What questions might we put to Deleuze and Guattari?</td>
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<td>7th November 6.00pm</td>
<td><strong>First post-conference workshop:</strong> Onel Brooks Critical psychotherapy and post-psychiatry</td>
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List of Speakers and Chairs:

**Erik Abrams**, University of Roehampton: The –‘tic’ in humanistic and other therapies – a phenomenological perspective from Michel Henry’s material phenomenology

**Nicholas Bayley**, University of Oxford: Who dares, speaks: Critical theory, psychoanalysis and the poetics of confession

**Betty Bertrand-Godfrey**, University of Roehampton: Desistance from crime: Making the case for psychotherapeutic research

**Onel Brooks**, University of Roehampton: Critical psychotherapy and post-psychiatry

**Rachel Jane Brown**, University of Hertfordshire: ’I Fall Down, I Get Up’: Stories of survival and resistance following civil war in Sierra Leone

**Julia Cayne**, University of Roehampton: Reverie and resistance

**Gauri Chauhan**, University of Roehampton: Stories of comedy and tragedy in psychotherapy: Therapists’ experiences of humour in sessions with clients diagnosed with a terminal illness

**Dawn Clark**, University of Roehampton: Emerging severe personality disorder in childhood: The ideological function of a discursive formation on therapeutic intervention

**Alex Clay**, University of Roehampton: Emotional support vs information giving: A professional’s struggle at dementia diagnosis

**Tom Cotton**, University of Roehampton: An exploration of whether psychotherapy is helpful or not for those who have received a diagnosis of schizophrenia

**James Davies**, University of Roehampton: Psychiatric labels – should therapists make use of them? **KEYNOTE SPEAKER**

**Joanna Gee**, University of Roehampton: Research in the prison setting: The case of psychological intervention

**Brid Grealy**, The Site and FPC/WPF: The search for evidence: Psychoanalytic practice and the male imaginary

**Dennis Greenwood**, University of Brighton: A challenge to ‘self’ centred ‘psycho’-therapy as an introduction to ‘Relational Therapy’

**Anne Guy**, University of Roehampton: Is the medical model infectious? Findings from a small scale study exploring how psychotherapists experience the medical model in their practice

**Nina Hamilton**, University of Roehampton: The implications, if any, for psychological therapists of working as ‘volunteer’ therapists

**Helen Hayes**, NSPC: Whatever happened to feminist therapy?

**Pam Howard**, University of Brighton: **CHAIR**

**Catherine Hutson**, University of Roehampton: What are the perceived implications, if any, for non-IAPT trainee therapists working in an IAPT service?

**Antony Johnston**, University of Roehampton: Psychotherapy at the margin: Challenging reductionism, consequentialism and paternalism

**Martin Jordan and Hayley Marshall**, University of Brighton: Revitalising therapeutic space – Nature based psychotherapy

**John Lees**, University of Leeds: Practitioner oppression in psychotherapy and counselling

**Del Loewenthal**, University of Roehampton: Critical psychotherapy and counselling: if not now, when? **KEYNOTE SPEAKER**

**Del Loewenthal**, University of Roehampton: Reflective Practitioner Networks (RPNs): Establishing a UPCA Community of reflective practitioners to explore whether changing notions of research and evidence help or hinder practice

**Anna Magee**, University of East Anglia: ‘Helping’ as a symptom of trauma in the therapist: A critical look at some core dynamics of the ‘therapeutic relationship’

**Tony Mc Sherry**, University of Roehampton: An invisible critique of the evidence-based paradigm: Kristeva’s notion of the abject as a growth point for understanding the importance of therapeutic knowledge in Mental Health Nursing

**Hugh Middleton**, University of Nottingham: The UK Critical Psychiatry Network: Who are we and where are we coming from? **KEYNOTE SPEAKER**

**Rameri Reshki Moukam**, Pattigift Psychotherapy Services: If not now, when will the African voice be heard in the practice of psychotherapy in Britain?

**Rameri Reshki Moukam and Erica McInnis**, University of Manchester: When CBT doesn’t work, try something black! Integrating African centred psychotherapy and Disability psychotherapy for adults with intellectual disability

**Christina Moutsou**, Philadelphia Association: What is the aim of a successful therapy: Some critical thoughts on audit and ‘getting better’

**Elizabeth Nicholl**, University of Roehampton: Psychotherapists’ experience of working with suicidal clients

**Chris Oakley**, The Site: What questions might we put to Deleuze and Guattari?

**Ian Parker**, Discourse Unit: Toward critical psychotherapy and counselling: What can we learn from critical psychology (and political economy)? **KEYNOTE SPEAKER**

**Dennis Postle**, Independent Practitioners Network: The psy-commons: Interrupting the dominant psy profession narratives

**Rosie Rizq**, University of Roehampton: Counselling, care and compliance in the NHS. **KEYNOTE SPEAKER**

**Alistair Ross**, University of Oxford: **CHAIR**

**Andrew Samuels**, University of Essex: Everything you always wanted to know about therapy (but were afraid to ask) **KEYNOTE SPEAKER**

**Patrick Shepard**, University of Roehampton: The effects, if any, self-disclosure has on the therapeutic relationship

**Neil Walton**, University of Roehampton: Tough luck, ethical subjectivity, freedom and the tragic in psychotherapy

**Jay Watts**, University of London: Systemic means to psychoanalytic ends

**Michael Whan**, Jungian analyst: Soul as dialectical negation: Jung’s psychology and the historical present