



## Universities Psychotherapy and Counselling Association

Chair: Professor Del Loewenthal

Hon. Treasurer: Dr Val Todd

Dear Member,

As you may be aware UPCA is currently setting up a register of supervisors who will also be eligible to appear on the UKCP list of supervisors. As part of this process a route whereby current supervisors can be grandparented on to the register has been devised. This grandparenting route will remain open for a period of three years running from 2012 as set out in the UKCP Policy on Supervision.

Grandparenting is a transitional process and refers to people who have practised as a supervisor before the supervision register opened and who do not hold an approved qualification. The grandparenting arrangements enable these individuals, to apply for registration. The application procedure for the grandparenting route to registration as a supervisor can be found on the website. We are now writing to you ask whether you wish to appear on the register of supervisors and to advise you that if you do, you will need to complete an application form (available via the website or UPCA administrator) which asks that you meet the following requirements:

- Up to date clinical membership (accredited) of UPCA, (including renewal/reaccreditation requirements and all fees paid).
- Provision of a declaration that you agree to abide by the standards of supervision for psychotherapists, psychotherapeutic counsellors and trainee practitioners working with adults and/or children.
- Confirmation that you have a minimum of 5 years experience as a psychotherapeutic practitioner post-registration or UKCP recognised professional equivalent and,
- Confirmation that you have at least 3 years experience of post-registration work as a supervisor or 50 hours of formal supervision given.
- Confirmation of current arrangements for supporting your supervisory work (eg peer supervision).
- Provision of two references that: a) confirm the information contained in your application is correct, b) attest that you have a minimum of 5 years experience as a psychotherapeutic practitioner post-registration or UKCP recognised professional equivalent, c) attest to your having at least 3 years experience of post-registration work as a supervisor or 50 hours of formal supervision given.

There will be no charge for registration as a supervisor through the grandparenting scheme, but this will be reviewed on an annual basis.

Yours sincerely

Dr Julia Cayne  
Vice Chair

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*Chair: Professor Del Loewenthal; Vice Chair: Dr Julia Cayne; Hon Secretary/Hon Treasurer: Dr Val Todd;  
Chair Training Standards: Dr G Winship; Chair Ethics: Dr Steve Buller*