



UPCA and UKCP/UTC Conference 2019

**Working with Young Adults: Therapy and  
Therapeutic Ethos**

Saturday 30<sup>th</sup> November 2019 10:00 to 4:30 pm  
University of Cambridge



**Universities Psychotherapy and Counselling Association  
and UKCP Universities Training College  
Conference 2019**

**Working with Young Adults: Therapy and Therapeutic Ethos**

**CALL FOR PAPERS**

**Saturday, 30<sup>th</sup> November 2019**

**10.00am to 4.30pm**

*Followed by the AGM*

Registration 9.30 a.m.

**University of Cambridge, Faculty of Education, 184 Hills Road,  
Cambridge CB2 8PQ**

**Speakers include: Rotimi Akinsete, Susan Kegerreis, Del  
Loewenthal, Rowan Williams**

**BOOK BEFORE 11<sup>th</sup> NOVEMBER 2019 TO RECEIVE AN EARLY BIRD DISCOUNT OF £10**  
UPCA members £80.00; non-UPCA participants £95.00; UPCA student members £50.00;  
non-UPCA student participants £60.00

*(Lunch and refreshments included, refunds not available after 15th October 2019)*

Bookings can be made here: <https://www.eventbrite.com/e/working-with-young-adults-therapy-and-therapeutic-ethos-tickets-68591028613>



**Annual Conference  
30<sup>th</sup> November 2019**

## **Working with Young Adults: Therapy and Therapeutic Ethos**

This conference is for those interested in providing Psychotherapy and Counselling for young adults, and for those who wish to bring a therapeutic sensibility to working with this client group. Two main questions will be addressed: What are the implications of providing a therapeutic ethos for young adults; and what, if any, additional training might be required for psychotherapists and counsellors working with this client group?

In so doing we will explore what is widely regarded as an urgent need for a therapeutic ethos, that includes age- and modality-appropriate psychotherapy and counselling, in order to bring both therapeutic and educational sensibilities to bear on the issue of young adults' wellbeing. This is essential, if truly effective and appropriate policy responses to the current malaise, as witnessed by a steady stream of research reports, are to be fashioned.

The UPCA/ UTC joint-conference committee particularly welcome papers that would make a contribution to this debate, together with those which raise more general questions about our practices, theories and research. There will be 15 minutes for presentation and 5 minutes for questions.

Please send the proposed title of your paper together with an abstract (maximum 150 words) and a brief CV (maximum 100 words) to: [admin@upca.org.uk](mailto:admin@upca.org.uk). The deadline is 12 noon on 25<sup>th</sup> October 2019. Papers will be considered for inclusion as they are submitted, with final notification being made on 3<sup>rd</sup> November 2019. The paper will then be included in our programme and on our website on payment of the conference fee, as above.

Prof Del Loewenthal

Conference Chair



## PRELIMINARY **PROGRAMME**

<b>9.30am - 10.00am</b>	<b>Registration</b>
<b>10.00am - 10.20am</b>	<b>Welcome and introduction to the conference</b> Del Loewenthal - Conference Chair
<b>10.20am - 11.00am</b>	Speaker: Susan Kegerreis (University of Essex) Chair: Carol Holliday
<b>11.00am - 11.30am</b>	<b>Coffee</b>
<b>11.30am - 12.10pm</b>	Speaker: Rotimi Akinsete (University of the Arts, London) Chair: Carol Holliday
<b>12.10pm – 12.50pm</b>	<b>Parallel sessions</b>
<b>12.50pm – 1.50pm</b>	<b>Lunch</b>
<b>1.50pm – 2.50pm</b>	<b>Parallel sessions</b>
<b>2.50pm – 3.30pm</b>	Speaker: Rowan Williams (University of Cambridge) Chair: Alistair Ross
<b>3.30pm – 4.00pm</b>	<b>Tea</b>
<b>4.00pm – 4.30pm</b>	<b>Plenary/ Community discussion</b> Chair: Del Loewenthal
<b>4.30pm – 5.30pm</b>	<b>UPCA AGM / UTC AGM</b>